



Shortest Shower in the World Game!



Conserve Gas and Electric power with this handy game and tip! Who can take the fastest shower each week? Let's find out who can conserve the most hot water by playing the Shortest Shower in the World Game!

You'll need:

- All the members of your family
- A calendar showing one month
- A piece of 8.5 x 11 paper made into a grid—Each family member's name should be listed vertically, and the days of the week going across featuring one warm-up day and seven game days. Start with Sunday as the warm-up day.
- A pencil or pen
- A timer

Handy Tip:

Still stumped on how to take the fastest shower and save the most water you can manage? Try this trick! Use the water to:

- a) only wet yourself for the soap
- b) to rinse the soap off.

Now there's a trick indeed!

Steps:

- 1. It's Sunday!** Warm-up day. Have each family member take a "usual" shower. Record their "usual" time on the grid. This way, everyone can see how they have shortened their times!
- 2. It's Monday.** Day One of Seven. Pick one family member to be the timekeeper for the day. Then, take turns trying to take the fastest shower with the stopwatch. Record each person's time for the day on the 8.5 x 11 grid, and record the day's winner and their time on the calendar!
- 3. It's Tuesday!** Repeat-this time, with a different family member being the timekeeper.
- 4. It's Wednesday, Thursday, Friday, Saturday, Sunday!** Repeat!
- 5. Discuss.** Now that they've had a warm-up day and it's been one week, how does everyone in the family feel about these shorter showers? What's their favourite part about it? Least favourite? What will they do differently next week? What will they do the same next week? How much has each person improved their time? What's the shortest shower time of all?

Conclusion & What's Next?:

- 6. Continue** through the rest of the month! Eventually, the habit will take hold and you will be Super Energy Savers!!!